

Family Liaison Officer Update - Term 4

What is a Family Liaison Officer (FLO)?

Hello, my name is Angela O'Grady (Angie) and I am the Family Liaison Officer at Chilton. Within my role, I work in partnership with families and school. I can offer support for families in a range of different ways. First and foremost, I am a listening ear and somebody to talk to but I am also able to identify different avenues for family support whether it be school based or through external services.

I am available for informal chats in the morning on your way into school, appointments can be made during the day and I can also offer home visits. Please feel free to come and say hello.

I will be holding a Coffee Morning next term (date to follow). This is an opportunity for parents, carers and other family members to have a chat and share thoughts over a cuppa and a piece of cake.

There are also class open sessions on Friday 20th April at 3pm - this is an opportunity for you to hear from class teachers all about the two terms ahead and I will also be circulating at this time so please feel free to stop me for a chat!

For parents who would like to find out a little bit more about a recent ASD diagnosis, the below course may be of interest to you. Please contact me for an application form.

There are also details at the end of this flyer of the Thanet Coast Project that may be of interest - including some Easter events.

Hope you have a great Easter.

Ms O'Grady

Angie.ogrady@chiltonprimary.co.uk



Cygnet Programme Information – April to June 2018

This programme is designed for parents and carers of children and young people aged 8-13 with autism. The programme is designed to:

- increase parents understanding of autistic spectrum conditions
- help parents develop their knowledge on how a child with autism experiences the world and what drives their behaviour
- guide parents through practical strategies they can use with children
- direct parents to relevant resources
- give parents the opportunity to meet with other parents who have had similar experiences and to gain support and learn from each other

This is a **core** Cygnet programme which is delivered over seven sessions (plus a sleep workshop), each lasting typically three hours, and which sequentially work towards behaviour management, covering a number of topics:

- Autism and diagnosis
- Communication
- Sensory Issues
- Understanding behaviour
- Managing behaviour
- Choice of topic decided by parents/carers.

The programme will be delivered by trainers who have experience in working with children/ young people with Autism and will take place on Mondays on the following dates:

1. 23 April
2. 30 April
3. 14 May
4. 21 May
5. 4 June
6. 11 June
7. 18 June (optional Sleep Workshop)
8. 25 June

All dates have a start time of 09.30 and last for approximately 3 hours.

As you will gain a lot more from regularly coming to the group and each session builds upon the one before, it is important that you commit to the whole course. If you are unable to do so this time round, we look forward to seeing you at the next one!!!

Places will be offered to families with children/ young people who attend a school in Thanet and who have a diagnosis of Autism.

THANET COAST PROJECT INFORMATION AND LINKS

Our **2018 Thanet Coast Project events flyer** can now be viewed at:

<http://nekmpa.org.uk/media/4118421/2018-02-Thanet-Coast-Events-Flyer-.pdf>

The full programme for 2018 can be viewed at:

<http://nekmpa.org.uk/whats-on/2018-events-and-activities/>

(with further details issued closer to the start of each event)

These start with the 'Great Eggcase & Scavenger Hunts' taking place during April's Easter school holidays in Margate (4th), Broadstairs (5th) & Ramsgate (6th) at 11am. These are suitable for 4-11 year olds with their family, and involve looking for clues of wildlife from our seas - followed by beach art! (For details, please see the link to the full programme above).

We hope to see you out and about enjoying the Thanet Coast soon!

Best wishes,

Tony, Laura

& Thanet Coast Wardens & Guardians

Please remember to follow the Thanet Coastal Codes to minimise your impact on coastal wildlife & help you & everyone to enjoy the coast in the future!