

INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent



DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 6 JUNE

TUESDAY 7 JUNE

WEDNESDAY 8 JUNE

THURSDAY 9 JUNE

FRIDAY 10 JUNE



Fish Fingers in a Wrap
(1, 4)

Mild Beef Curry
with Rice and Poppadum
(1)

Roast Chicken

Shepherd's Pie topped with
Rustic Potatoes

Beef Sausage in a Roll
(1, 14)



Crispy Quorn Dippers
(1, 7, 9)

Vegetable Cottage Pie with a
Sweet Potato Topping

Roasted Spring Vegetable Bake
with a Herby Crumble
(1)

Cheese and Tomato Pizza with
Oven Baked Potato Wedges
(1, 8, 9)

Vegetarian Sausage in a Roll
(1, 8)



Chunky Tomato Pasta
(1)

Macaroni Cheese
(1, 9, 11)

Mixed Pepper Spirals
(1)

Salmon Spaghetti
(1, 4)

Vegetable Ragout Pasta
(1)



Filled Baked Jacket Potato
Please see our blackboard for
choice of toppings

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Herby New Potatoes,
Baked Beans and Sweetcorn

Onion Bhaji and Green Beans

Roast Potatoes, Vegetable
Medley and Broccoli

Fresh Carrots and
Garden Peas

Chips, Braised Onions
and BBQ Beans



Peach and Berry Crumble
with Custard
(1, 7, 9)

Pink Jam Slice
(1, 7)

Blueberry and Orange Sponge
with Custard
(1, 7, 9)

Tutti Frutti Thursday

Apple Flapjack
(1, 14)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

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WE ONLY USE



FRESHUK BEEF



FRESHUK PORK



FREERANGE EGGS



ORGANIC MILK



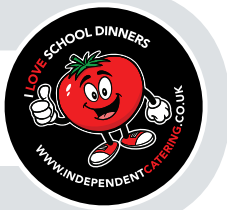
LOCAL FRUIT & VEG



WHOLEMEAL PASTA

INDEPENDENTCATERING.CO.UK

EDUCATERLIMITED.COM



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TUESDAY 14 JUNE

WEDNESDAY 15 JUNE

THURSDAY 16 JUNE

FRIDAY 17 JUNE



Spaghetti Bolognese with
Garlic Bread
(1, 8)

Sticky BBQ Chicken
with Vegetable Rice
(14)

Roast Beef with
Yorkshire Pudding
(1, 7, 9)

Cheesy Chicken Taco
with Herby Potatoes
(9)

Breaded Fish
(1, 4)



Spinach, Sweet Potato and
Lentil Curry with Rice

Baked Veggie Korma with
Basmati Rice

Cheese, Leek and Potato Pie
with a Shortcrust Topping
(1, 9)

Mixed Vegetable Moussaka
(1, 9, 11)

Chickpea and Coriander Patty
(1, 7)



Roasted Pepper Pasta
(1)

Mac n' Cheese
(1, 9, 11)

Fresh Pesto Linguine
(1)

Chunky Tomato Spirals
(1)

Spring Vegetable Pasta
(1)



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Fresh Carrots
and Green Beans

Fresh Broccoli
and Sweetcorn

Roast Potatoes, Cabbage and
Cauliflower Gratin
(9)

Roasted Mediterranean
Vegetables and Carrots

Chips, Beans and
Garden Peas



Peach Strudel
with Custard
(1, 7, 9)

Strawberry Jelly Mousse Pot
(9)

Lemon Sponge
with Custard
(1, 7, 9)

Tutti Fruitti Thursday

Chocolate Krispie Cake
(9)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

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FRESHUK PORK



FRESH RANGE EGGS



ORGANIC MILK



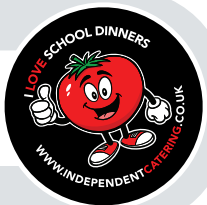
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TUESDAY 21 JUNE

WEDNESDAY 22 JUNE

THURSDAY 23 JUNE

FRIDAY 24 JUNE



Mexican Style Chicken
Tortilla Bake with Rice
(1, 9)

Beef Meatballs in a Tomato
Sauce with Spaghetti
(1)

Roast Gammon
with Pineapple



Breaded Fish
(1, 4)



Moroccan Chickpea and
Squash Tagine

Vegetable Fried Rice
with Egg Ribbons
(7, 8)

Tomato and Caramelised
Red Onion Tart
(1, 7, 9)

Sandcastle Breaded
Chicken Steak
(1, 7, 9, 10, 14)

Mixed Bean and Rice Burrito
(1)



3 Cheese Pasta
(1, 9, 11)

Pea and Ham Carbonara
(1, 9)

Mediterranean
Vegetable Pasta
(1)

Pebble Crispy Quorn Nuggets
(1, 7, 9)

Roasted Red Pepper Pasta
(1)



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Seashell
Tomato and Basil Spirals
(1)

Filled Baked Jacket Potato
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choice of toppings



Fresh Broccoli
and Sweetcorn

Fresh Carrots and
Green Beans

Roast Potatoes, Fresh Broccoli
and Roasted Courgette

Sun Hat
Filled Baked Jacket Potato
Please see our blackboard for
choice of toppings

Chips, Baked Beans
and Mushy Peas



Pineapple Upside Down Cake
with Custard
(1, 7, 9)

Tutti Fruitti Tuesday

Chocolate Sponge
with Chocolate Sauce
(1, 7, 9)

Sunset Ice Cream with
Waves Fruit Wedges
(9)

Orange Oatie Cookie
(1)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

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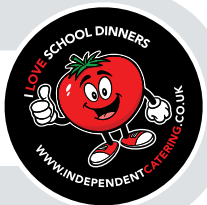
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TUESDAY 28 JUNE

WEDNESDAY 29 JUNE

THURSDAY 30 JUNE

FRIDAY 1 JULY



100% Cod Fishfingers
(1, 4)

Beef Lasagne
with Garlic Bread
(1, 8, 9)

Roast Chicken

Lemon and Herb Chicken
on a Flatbread with Rice
(1)

Beefburger in a Bun
(1, 10, 11, 14)



Pea and Leek Risotto
(10)

Mexican Style Spring
Vegetable Filled Taco with
New Potatoes

Broccoli and Cauliflower
Stuffed Yorkshire
(1, 7, 9)

Cheese and Tomato Pizza with
Diced Herby Potatoes
(1, 8, 9)

Vegetarian Burger in a Bun
(1, 8)



Macaroni Cheese
(1, 9, 11)

Fresh Pesto Pasta
(1)

Salmon Lasagne
(1, 4, 7, 9)

Mixed Pepper Pasta
(1)

Chunky Tomato Pasta
(1)



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Oven Baked Potato
Wedges, Fresh Broccoli
and Baked Beans

Fresh Green Salad
and Sweetcorn

Roast Potatoes, Fresh
Cauliflower and Green Beans

Fresh Carrots and Coleslaw (7)

Chips, Garden Peas
and Tomato Relish



Peach and Apple Crumble
with Custard
(1, 7, 9)

Chocolate Orange Mousse
(9)

Marble Sponge
with Custard
(1, 7, 9)

Tutti Fruitti Thursday

Raspberry Ripple Cupcake
(1, 7)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

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WE ONLY USE



FRESHUK BEEF



FRESHUK PORK



FRESH RANGE EGGS



ORGANIC MILK



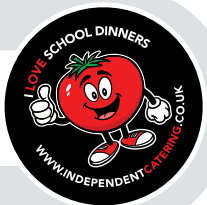
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MONDAY 4 JULY

TUESDAY 5 JULY

WEDNESDAY 6 JULY

THURSDAY 7 JULY

FRIDAY 8 JULY



Chinese Style Chicken Noodles
with Prawn Cracker
(1, 2, 7, 8)

Beef Sausage in a Roll
(1, 8)

Roast Turkey with
Yorkshire Pudding
(1, 7, 9)

Chicken Enchiladas
with Rice
(1, 9)

100% Cod Fishfingers
(1, 4)



Biryani Stuffed Peppers

Vegetarian Sausage in a Roll
(1, 14)

Summer Vegetable
Moussaka
(1, 9, 11)

Mixed Vegetable Stack
(1)

Cheese and Onion Pasty
(1, 9)



Mac n' Cheese
(1, 9, 11)

Tomato and Basil Spirals
(1)

Mediterranean Pasta
(1)

Vegetable Bolognese Pasta
(1)

Arrabiata Pasta
(1)



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Fresh Stir Fry Vegetables
and Green Beans

Potato Wedges, Fresh Carrots
and Baked Beans

Roast Potatoes, Roasted Spring
Vegetables and Broccoli

Fresh Carrots and Sweetcorn

Chips, Garden Peas
and Tomato Salsa



Cinnamon Sponge with
Butterscotch Sauce
(1, 7, 9)

Strawberry Cheesecake
(1, 9)

Apple and Berry Sponge
with Custard
(1, 7, 9)

Tutti Fruitti Thursday

Chocolate Brownie
(1, 7, 9)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

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WE ONLY USE



FRESHUK BEEF



FRESHUK PORK



FRESH UK EGGS



ORGANIC MILK



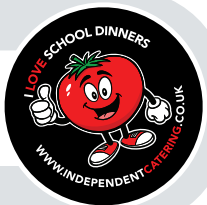
LOCAL FRUIT & VEG



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MONDAY 11 JULY

TUESDAY 12 JULY

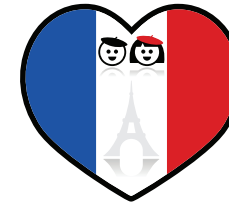
WEDNESDAY 13 JULY

THURSDAY 14 JULY

FRIDAY 15 JULY

Bastille Day

BY KAI FROM LANGTON GREEN PRIMARY SCHOOL



Beefburger with Melted Cheese, Mayonnaise and Red Onion Marmalade in a Brioche Bun (1, 7, 9, 10, 11, 14)

Ratatouille (Tomatoes, Aubergine, Courgette, Yellow Squash and Mixed Pepper)

Tomato and Basil Pasta (1)

Filled Baked Jacket Potato Please see our blackboard for choice of toppings

Herby Potatoes, Braised Onion and Sweetcorn

Crêpe (Pancake) (1, 7, 9) with Strawberry Sauce and Ice Cream (9) or Fruit Platter

Spaghetti Bolognaise with Garlic Bread (1, 8)

Chicken Meatball Korma with Naan Bread (1)

Roast Gammon with Pineapple

Breaded Fish (1, 4)

Mixed Vegetable Cottage Pie

Sweet Potato and Spinach Lasagne (1, 7, 9)

Spring Vegetable Pie with a Shortcrust Topping (1)

Crispy Quorn Nuggets (1, 7, 9)

Fresh Pesto and Pea Linguine (1)

3 Cheese Pasta (1, 9, 11)

Roasted Spring Vegetable Pasta (1)

Chunky Tomato Pasta (1)

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Fresh Carrots and Green Beans

Fresh Onion Bhaji and Garden Peas

Roast Potatoes, Fresh Carrots and Spring Greens

Chips, Baked Beans and Mushy Peas

Apricot Cup Cake (1, 7)

Tutti Fruitti Tuesday

Orange Sponge and Custard (1, 7, 9)

Lemon Shortbread Finger with Fruit Wedges (1)

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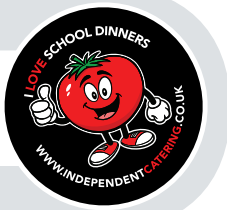
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TUESDAY 19 JULY

WEDNESDAY 20 JULY

THURSDAY 21 JULY

FRIDAY 22 JULY



Mexican Style Beef
Chilli Wraps with Rice
(1)

100% Cod Fish Fingers
(1, 4)

Roast Chicken

Beef Meatballs in a Herby
Tomato Sauce with Spaghetti
(1)

Sausage Pinwheel
(1, 8)



Leek, Squash and
Parsley Crumble
(1)

Cheese and
Onion Pinwheel
(1, 9)

Vegetarian Sausage
Toad in the Hole
(1, 7, 9)

Homemade Spring Vegetable
Roll with Rice
(1, 8)

Mixed Bean Patty
(1)



Tomato and Basil Pasta
(1)

Summer Vegetable
Cannelloni
(1, 9)

Spring Vegetable
Pasta Bake
(1)

Macaroni Cheese
(1, 9, 11)

Mixed Roasted
Pepper Spirals
(1)



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Roasted Mediterranean
Vegetables and Garden Peas

Potato Wedges, Fresh Carrots
and Green Beans

Roast Potatoes, Fresh
Cauliflower and Broccoli

Fresh Carrots
and Sweetcorn

Chips, Baked Beans
and Mushy Peas



Banoffee Mousse
(1, 9)

Chocolate Orange Sponge
and Custard
(1, 7, 9)

Raspberry Ripple Cake
with Custard
(1, 7, 9)

Tutti Fruitti Thursday

Gingerbread Cookie
(1)

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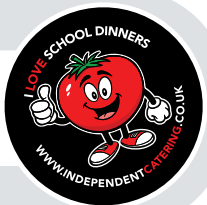
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FRIDAY 29 JULY



Mild Beef Curry
with Poppadum
(1)

Fish Fingers in a Wrap
(1, 4)



Vegetable Cottage Pie with a
Sweet Potato Topping

Crispy Quorn Dippers
(1, 7, 9)



Macaroni Cheese
(1, 9, 11)

Chunky Tomato Pasta
(1)

HOLIDAY

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choice of toppings



Onion Bhaji and Green Beans

Chips, Baked Beans
and Sweetcorn



Pink Jam Slice
(1, 7)

Chef's Surprise

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



FRESHUK BEEF



FRESHUK PORK



FREERANGE EGGS



ORGANIC MILK



LOCAL FRUIT & VEG



WHOLEMEAL PASTA

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