



Swattenden 2019



Year 6 Residential Trip

One Childhood, One Chance

Respect, Equality, Courage and Kindness

Agenda

- Dates
- Staffing
- Accommodation
 - What to take
 - Food
 - Health
 - Daily Routine
- Leaving and returning
- Final reminders and additional info
 - Questions

Dates

Monday, 23rd September

-

Friday, 27th September

Staffing

From School:

Mr Lamprell

Mr Wheeler

Miss Lane

Miss Knight

Mr Lowther

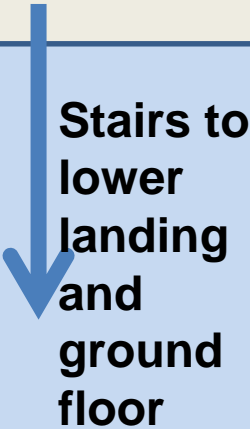
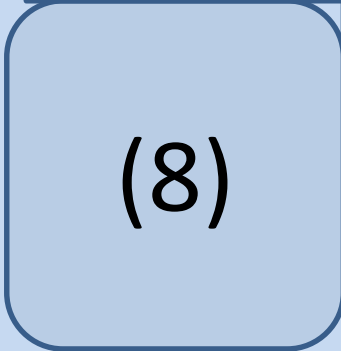
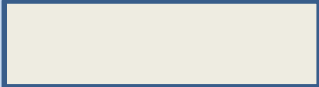
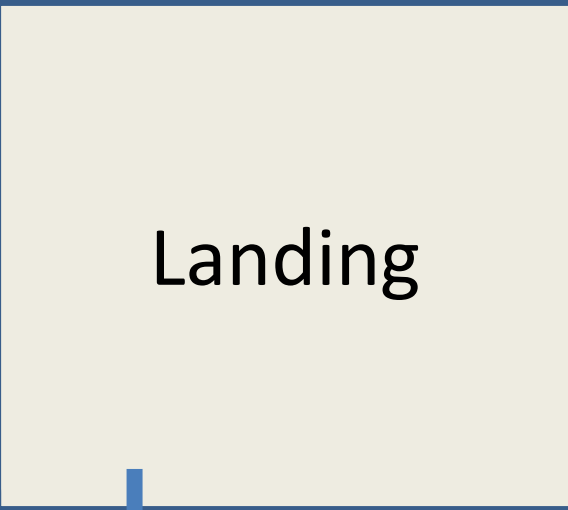
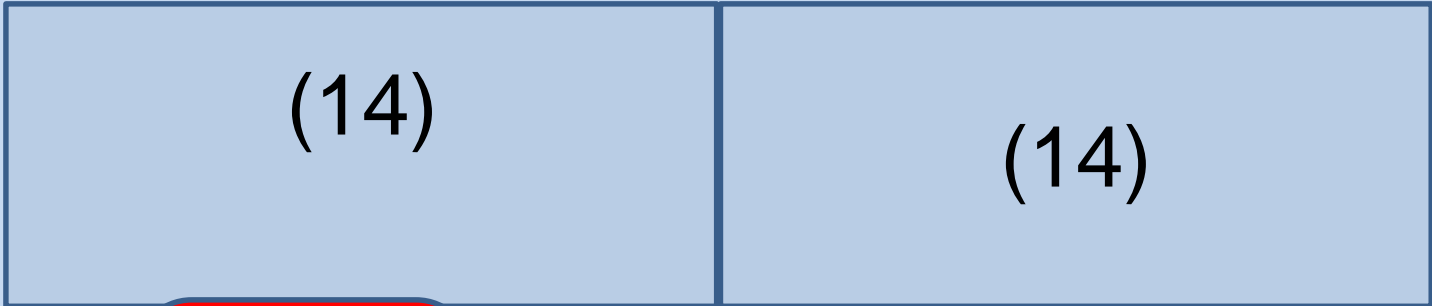
Miss Dudley Smith

On Site:

Small number of highly trained male and female staff
qualified in leading adventurous activities

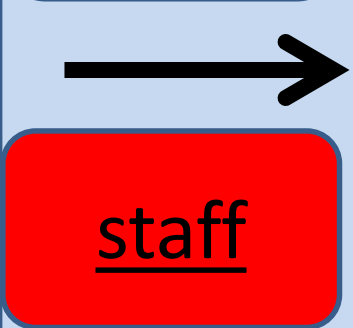
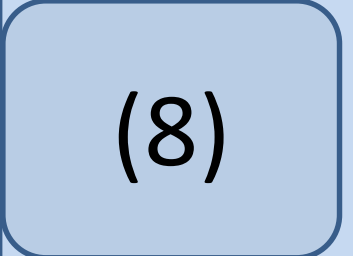
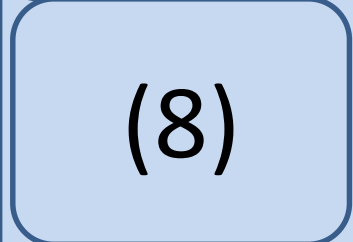
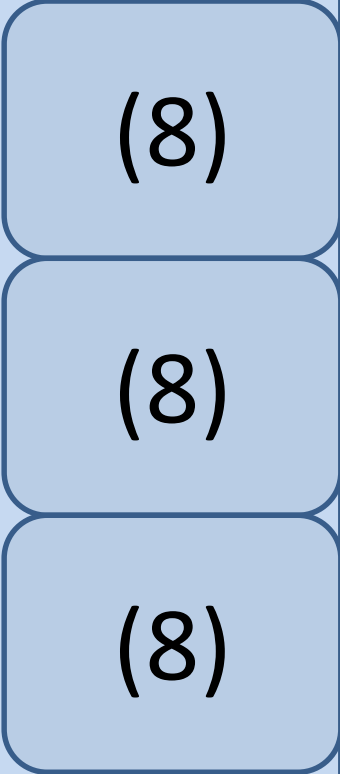
Accommodation

- Single sex bedrooms.
- All children have to make their own beds from scratch.
- School adults sleeping in same building.
- Showers and toilets in same building.
- Common room in same building.
- Use of outdoor space for evening activities.
- Use of canteen area (separate building)



Upper
Landing

Lower Landing



Stairs
to
ground
floor

What to take

All day time clothing should be suitable for outdoor, physical activities

- T-shirts and jumper/fleece – layers!
- Jeans, jogging trousers
- At least 2 pairs of trainers – one for outdoor and one for indoor.
- Wellies or boots.
- Waterproof coat.
- Lots of socks.
- Hat, gloves etc.
- Change of clothes for evening – nothing too smart!

Refer to the kit list on your sheet for more details

What to take

- Pocket money - £20 max, in named holder (to be handed to Mr Wheeler Monday morning)
- Book, notepad etc with pencil/pen etc
- Rucksack or similar –use this as hand luggage on Monday
- Camera – nothing precious please and also named! These will be kept in a central place and will be taken at your own risk! Handed to Miss Lane on Monday morning.
- A torch
- Plastic bags for dirty/wet clothes or shoes
- **NO sweets!**
- **NO handheld games!**
- **NO mobile phones!**

Food

- Plenty
- Wide range for every meal
- Drinks and snacks provided during breaks
- Monday and Friday (arrival and departure day) – packed lunch and BBQ are provided
- All dietary requirements catered for –please inform us of any allergies
- No need to send supplies!

Medical/health

- All safety equipment for activities provided by Swattenden Centre and checked by trained staff.
- Medication form explaining dosage etc.
- Medication labelled and handed in to Miss Knight on Monday morning
- All medical information held in confidence
- Travel sickness tablets for return journey
- All activities fully risk assessed

Behaviour

Safety of all children and staff is paramount.

We all want to be safe and have fun!

- **Behaviour steps**
- 1. Praise and de-escalating techniques used (distraction, humour, change of adult etc)
- 2. Verbal reminder of appropriate and acceptable behaviour.
- 3. Verbal warning and reminder of consequences.
- 4. Time out (for a set amount of time) from activity for child to calm down and make changes to behaviour. This is also to ensure the safety of other children and adults.
- 5. Exclusion of child from the remainder of the activity.
- **Unacceptable and unsafe at Swattenden**
- -causing unprovoked physical harm on another child or member of staff
- -persistently ignoring instructions given by staff (Chilton and Swattenden)
- -leaving the Swattenden site without permission
- -using equipment in an unsafe way to harm others (ie archery bow and arrows)
- -leaving staff supervision without permission (ie during night walk, when off site, when participating in adventurous activities or during the night)

Respect, Equality, Courage and Kindness

Daily Routine

- **7am Wake up, showers etc.**
- **8.00am Breakfast**
- **9.00am Morning Activities (including a break)**
- **12:15pm Lunch**
- **1:15 – 4:30pm Afternoon Activities (including a break)**
- **Showers, changing etc.**
- **5.30pm Dinner**
- **7pm Evening Activities**
- **9.30/10.00pm Bedtime**

Evenings:

- **Monday – Night Walk**
- **Tuesday – Mr Wheeler’s quiz**
- **Wednesday – Flag Raiders**
- **Thursday – Fancy dress party....
Come as your favourite animal
(adults will be the zookeepers)**

Certificates up for grabs!

Activity Timetable

Age 10-11	Monday 23 th	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th
08:00 – 09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 – 10:30		A. Crate Stack B. Pond Crossing C. Archery D. Low Adventure E. Rafting	A. Climbing wall B. Bridge and Swing C. High All Aboard D. Triangle and Tri- Crane E. Entrapment / Bouldering	A. Leap of Faith B. High Zip Line C. Bivvi Building D. Nightline E. Team Trail	A. Team Trail B. Leap of Faith C. High Zip Line D. Bivvi Building E. Nightline
10:30 – 10:45	Break	Break	Break	Break	Break
10:45 – 12:15	Arrive 11:00 welcome talk and room allocation	A. Pond Crossing B. Archery C. Low Adventure D. Rafting E. Crate Stack	A. Bridge and Swing B. High All Aboard C. Triangle and Tri- Crane D. Entrapment / Bouldering E. Climbing wall	A. High Zip Line B. Bivvi Building C. Nightline D. Team Trail E. Leap of Faith	Whole Group Electronic Orienteering Competition
12:15 – 13:15	Lunch	Lunch	Lunch	Lunch	
13:15 – 14:45	A. Low Adventure B. Rafting C. Crate Stack D. Climbing wall E. Archery	A. Archery B. Low Adventure C. Rafting D. Crate Stack E. Pond Crossing	A. High All Aboard B. Triangle and Tri- Crane C. Entrapment / Bouldering D. Leap of Faith E. Bridge and Swing	A. Bivvi Building B. Nightline C. Team Trail D. pond crossing E. High Zip Line	
14:45 – 15:00	Break	Break	Break	Break	Break
15:00 – 16:30	A. Rafting B. Crate Stack C. Climbing wall D. Archery E. Low Adventure	A. Entrapment / Bouldering B. Climbing wall C. Bridge and Swing D. High All Aboard E. Triangle and Tri- Crane	A. Triangle and Tri- Crane B. Entrapment / Bouldering C. Leap of Faith D. Bridge and Swing E. High All Aboard	A. Nightline B. Team Trail C. Pond Crossing D. High Zip Line E. Bivvi Building	
17:30 – 18:30	Dinner	Dinner	Dinner	Dinner	Dinner
Evening	Night Walk		Flag Raiders		

Leaving and Returning

Monday:

- Arrive at school by 8.30am and come to hall (with luggage)
- Hand in any remaining forms, money and medicines
- Take any travel sickness medication before you arrive
- Wearing non-uniform
- Pocket money labelled with name and amount to Mr Wheeler
- Cameras labelled and given to Miss Lane
- Medication labelled with name to Miss Knight – a form must have been completed
- Leave school at 9am
- Travel to Swattenden. Find out groups and rooms.
- Welcome talk and tour, make beds.
- Lunch in Swattenden grounds – provided by the centre
- Afternoon adventurous activities
- Dinner
- Night Walk led by instructor

Leaving and Returning

Friday:

- Breakfast – pack up all belongings
- Morning activities
- Lunch (BBQ & Salad bar)
- Last check for all belongings and leave at 1:30
- Arrive back at school for 3:30 – please meet the children by the Year 6 classrooms
- We'll keep you updated on arrival time

Final reminders and additional information

- Fill in the medical consent forms and return as soon as possible
- Make us aware of any final dietary requirements
- Collect the kit list

Questions



Respect, Equality, Courage and Kindness