

Buddhists study from a holy book called **the Tripitaka**.

Buddhism is practised by millions of people all around the world.

Buddhists try to live a good life by practising the teachings of the Buddha.

Buddhists may give 'offerings', or donations of food to monks during festivals.

The Tripitaka (the Buddhist holy book) is based on the teachings of the Buddha.

The Dalai Lama is a very important Buddhist monk.

Buddhists visit temples to listen to monks tell stories about the Buddha's life and his teachings.

Buddhists study the teachings of the Buddha.

Buddhists meditate to clear their minds and to become 'enlightened'.

Some Buddhists have a shrine at home.

Buddhists believe in **reincarnation** or rebirth.

Buddhists do not believe in any one all-powerful creator god.

Buddhists read and study stories about the life of the Buddha.

Buddhists visit temples and shrines to pay respect to the Buddha and leave offerings.

Buddhists believe in **karma**.

Buddhists believe it is important to try and live your life without causing harm or suffering to others.

Vesak festival is the most important time of year in the Buddhist calendar.

Buddhists often use water, incense, flowers and food in worship rituals.