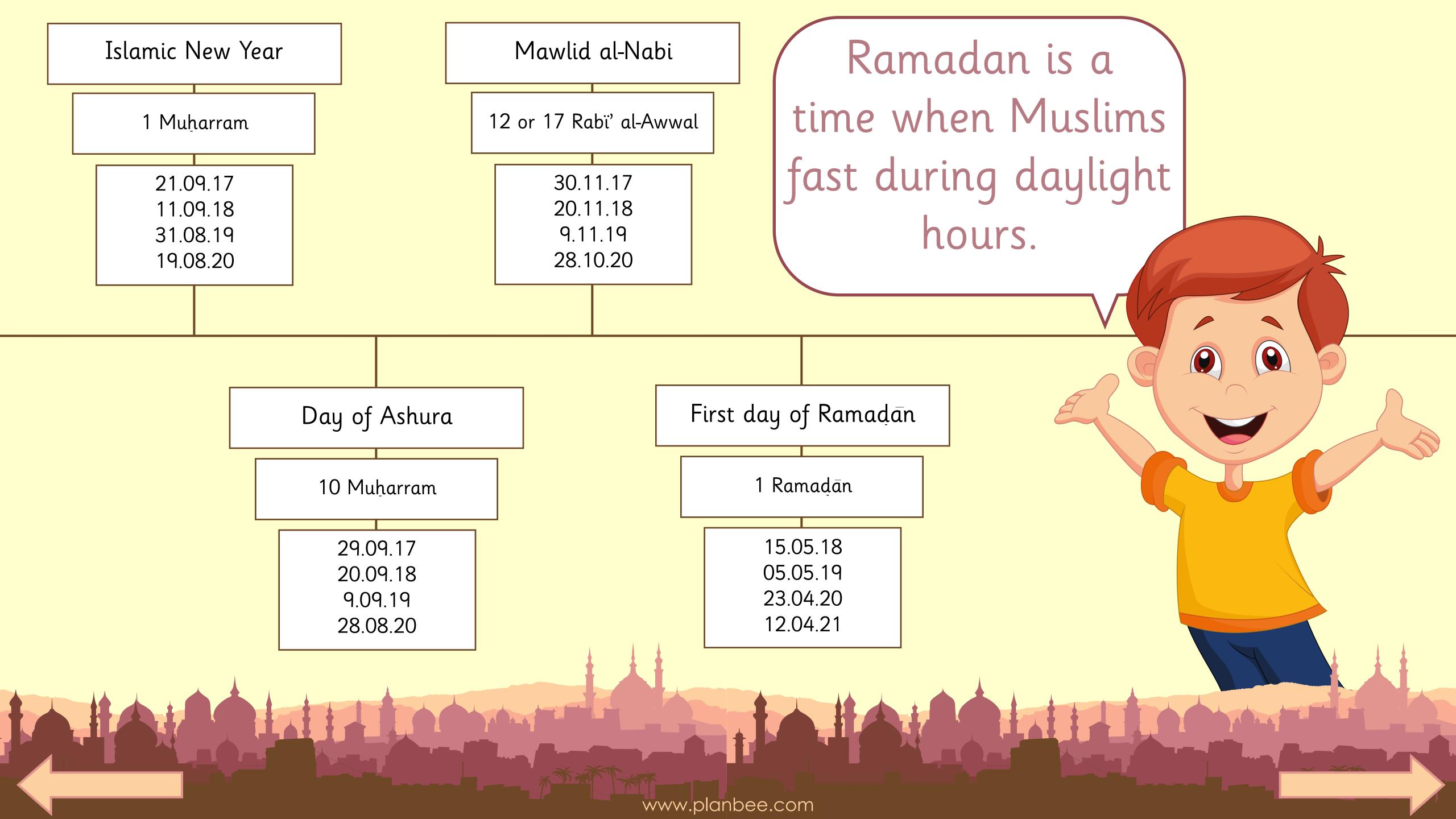
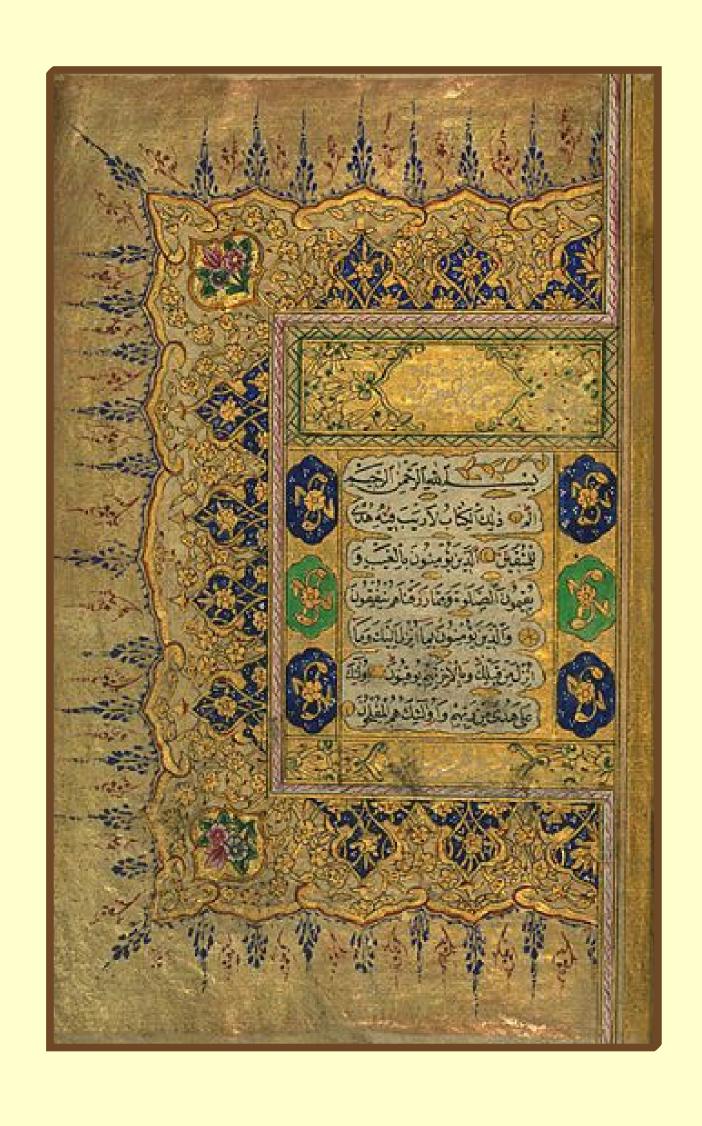
What do Muslims Celebrate?

Today we will be...

Finding out about Ramadan.







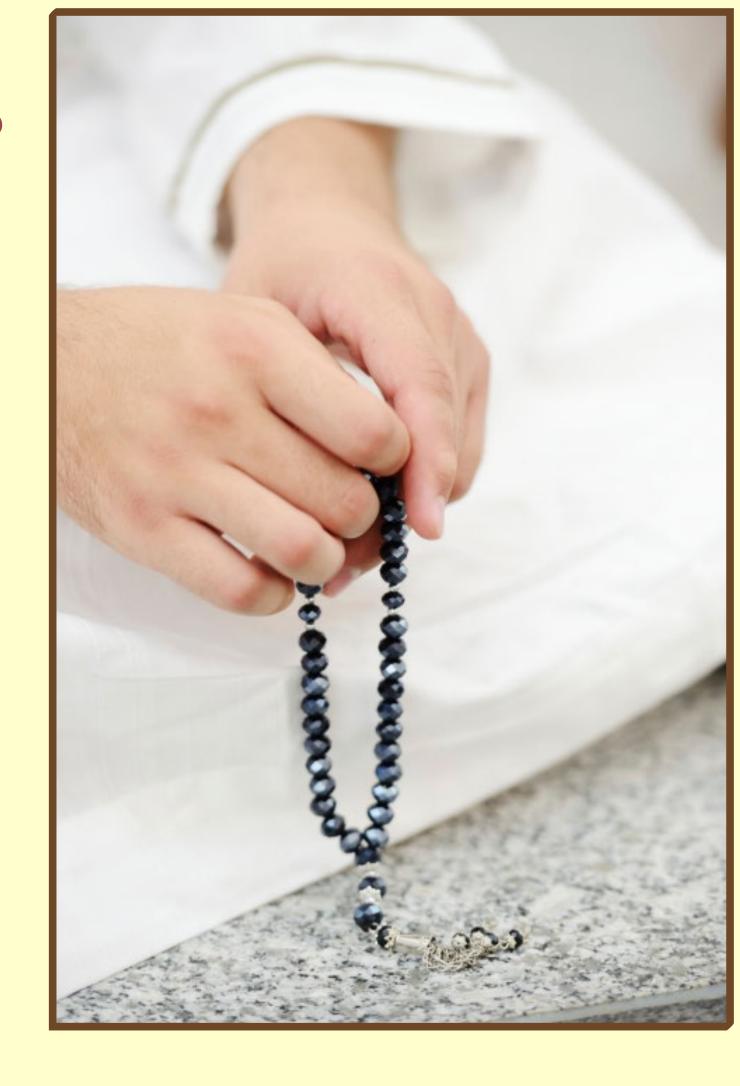
Ramadan is a special month for Muslims.



They believe it was during this time that Muhammad received his first message from God. The messages Muhammad received were written in the Qur'an.

Healthy adult Muslims fast for the whole month of Ramadan. This means they do not eat or drink anything from dawn to

sunset. They think this helps them to focus their mind, body and spirit on God. It shows they have self-control.



When the sun goes down, fasting Muslims have a small meal called 'iftar'. This is usually some dates and water. After this people gather together to eat a meal. Some mosques organise this meal for their community. This means that people who live alone can share the meal with others.







During the month of Ramadan Muslims often try to read as much of the Qur'an as they can. Ramadan is sometimes called the 'month of the Qur'an'.



Plenary

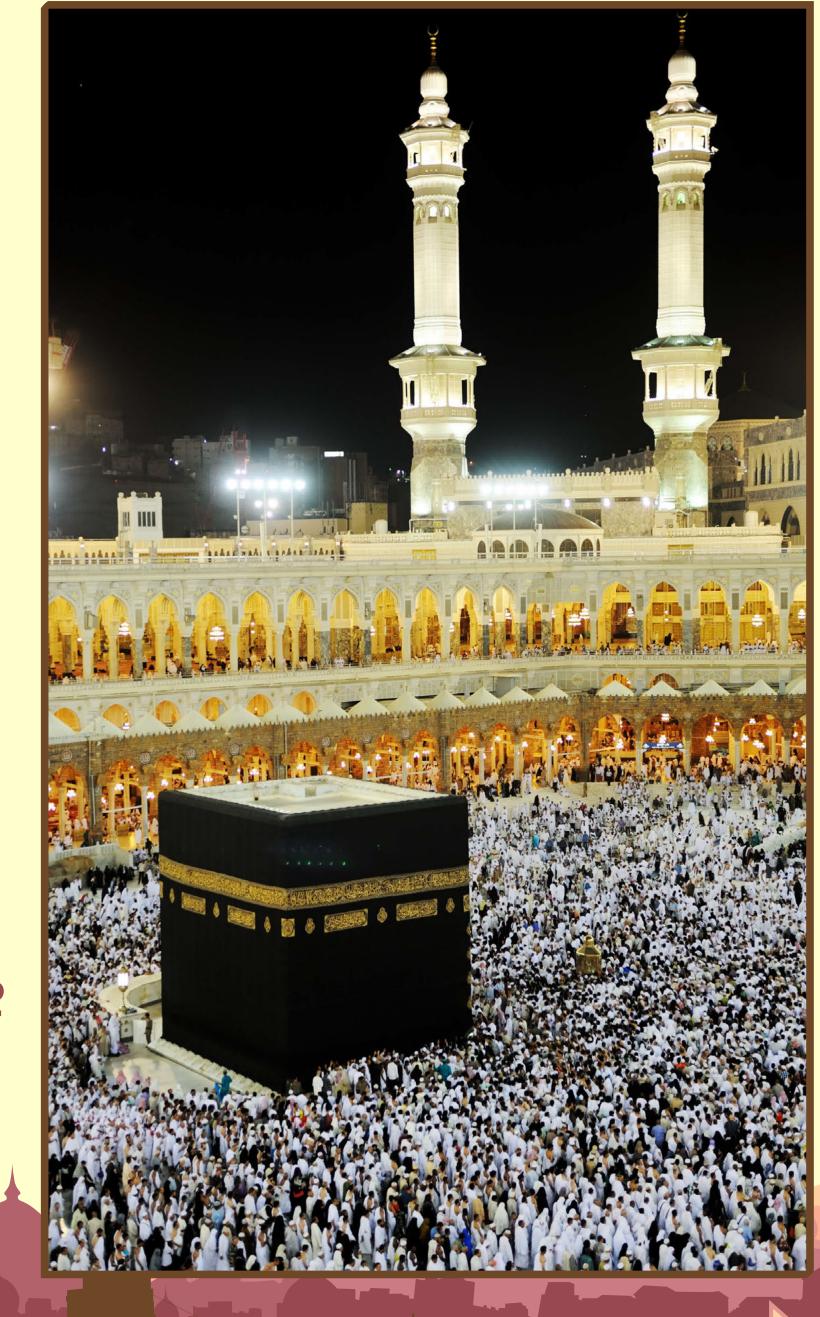
During Ramadan Muslims take part in Taraweeh prayers. Taraweeh prayers are when bits of the Qur'an are recited. Muslims aim to have recited the whole of the Qur'an by the end of the month of Ramadan.



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These prayers are said at night. By taking part in them Muslims hope to feel closer to God. It also gives them a chance to meet other Muslims at the mosque and feel part of a community.





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