## Celebrate your child for who they are!





Parents and carers can support and acknowledge children's emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills.

| Monday    | Try The Oti Mabuse <u>Cha Cha challenge</u> .<br>Have fun together and see how long you can keep going for!  |
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| Tuesday   | The Greatest Showman: plan your own circus show and invite your family<br>to see your new skills. If you are at school- write a plan for your act and<br>do it when you get home. Can you record your act and send it to your<br>teacher? Have a virtual circus on the interactive whiteboard. |
| Wednesday | Create your own grass head. Keep a diary and draw what you see each day. How much does the grass grow each day?  |
| Thursday  | Reflect on how you're feeling this week with a drawing or collage. If you are<br>back at school, turn this into a classroom display so that you can start to<br>create a timeline of feelings and see that your friends have similar feelings to<br>you too.                                   |
| Friday    | Make some <u>ninja stress balls.</u> This can be done at home or at school and will be one of a kind.  |
| Saturday  | Plan your very own <u>escape room. Work tog</u> ether in teams to create<br>adventures – whose escape room will be the most challenging?   |
| Sunday    | Create a <u>treasure hunt</u> around the house. When you have found the treasure, see if you can write another set of clues that are challenging. Become an expert treasure hunter!  |

- Draw up a routine of what you are doing and when.
- Keep cardboard boxes or clean recycling objects to use for arts later.
- Don't worry if things go wrong play can be fun and endings can be difficult.