



# INDEPENDENTCATERING EDUCATERLIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask All our meals are made daily from fresh locally sourced and seasonal produce from Kent

## DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE



#### **MONDAY 4 OCTOBER**

Spaghetti Bolognaise and Garlic Bread (1, 8)





Cheese and Tomato Pizza (1, 8, 9)

Roasted Pepper Pasta

Fresh Pesto Pasta

Please see our blackboard for Filled Baked Jacket Potato choice of toppings

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Filled Baked Jacket Potato

Cubed Potatoes, Chef's Salad and Baked Beans

and Sweetcorn Fresh Broccoli

Chocolate Brownie Cookie with Fruit Wedges

Apricot Cupcake

(1, 7, 14)

#### **TUESDAY 5 OCTOBER** PIZZA DAY

Meat Feast Pizza (1, 8, 9)

Please see our blackboard for Filled Baked Jacket Potato choice of toppings

Roast Potatoes, Fresh Carrots and Green Beans

with Custard (1, 7, 8, 9)

### **WEDNESDAY 6 OCTOBER**

Carrot Rosti

Chunky Tomato Pasta

Apple Sponge

#### Roast Chicken





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PRUBEL HURLING, Access

THURSDAY 7 OCTOBER SEE MENU BOARD FOR DETAILS

Tre sure Chest of Quorn Nugg (1, 7, 9)

B: gs of Gold Chicken Goujor s

C unky Tomato Pirate Pasta ( ) इं

Filled Baked Blackbeard's Pota to

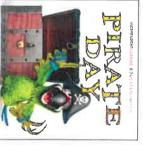
C ptain Jacks Potato Wedge Skull and Cross Bones Baked Beans

E ttom of the Sea Green Saled

ad Mans Shortbread Finger and Salty Dog Ice Cream (1, 9)

### THURSDAY 7 OCTOBER

FRIDAY 8 OCTOBER



100% Cod Fishfingers

(1, 4)

Quorn Dippers with a BBQ Sauce (1, 7, 9, 14)

Tomato and Basil Pasta

Please see our blackboard for Filled Baked Jacket Potato choice of toppings

Chips, Baked Beans and Fruity Slaw (7)

Tutti Fruitti Friday

# AVAILABLE DAILY - HOMEMADE FLAVOURED BREADS • FRUITY YOGHURT • CHEESE AND BISCUITS

### ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN **2 CRUSTACEANS** 

3 MOLLUSCS

**5 PEANUTS** 

8 SOYBEANS

9 MILK

10 CELERY

11 MUSTARD

14 SULPHUR DIOXIDE 13 SESAME

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, DATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING \*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE

WE ONLY USE •































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