



# INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask  
All our meals are made daily from fresh locally sourced and seasonal produce from Kent



**DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE**

## MONDAY 3 JANUARY

## TUESDAY 4 JANUARY

## WEDNESDAY 5 JANUARY

## THURSDAY 6 JANUARY

## FRIDAY 7 JANUARY

HOLIDAY

Oven Baked Beef Sausages  
with Gravy  
(1, 8)

Chicken and Vegetable Pie with  
a Mashed Potato Topping  
(10)

Mild Chilli Con Carne with  
Rice and Nachos  
(10)

100% Cod Fishfingers  
(1, 4)

Oven Baked Vegetarian  
Sausages with Gravy  
(1)

Leek, Squash and  
Parsley Crumble  
(1, 9)

Homemade Vegetable Spring  
Roll with Rice and  
Sweet Chilli Sauce  
(1, 8, 14)

Baked Cheese  
and Tomato Pitta  
(1, 9)

Mixed Pepper Spiral Pasta  
(1)

Chunky Tomato Pasta  
(1)

Mac n' Cheese  
(1, 9, 11)

Salmon and Chive Fish Cake  
with Tomato Pasta  
(1, 4, 7)

Filled Baked Jacket Potato  
Please see our blackboard for  
choice of toppings

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New Potatoes, Green Beans  
and Sweetcorn

Fresh Green Cabbage  
and Carrots

Selection of Fresh Mexican  
Salads and Broccoli

Chips, Mushy Peas  
and Baked Beans

Apple and Berry Crumble  
with Custard  
(1, 9)

Steamed Jam Sponge  
with Custard  
(1, 7, 9)

Tutti Frutti Thursday

Ice Cream (9)  
with Fruit Wedges

**AVAILABLE DAILY - FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR**

### ALLERGEN KEY

**1 CEREALS CONTAINING GLUTEN**  
**2 CRUSTACEANS**

**3 MOLLUSCS**  
**4 FISH**

**5 PEANUTS**  
**6 NUTS**

**7 EGGS**  
**8 SOYBEANS**

**9 MILK**  
**10 CELERY**

**11 MUSTARD**  
**12 LUPIN**

**13 SESAME**  
**14 SULPHUR DIOXIDE**

**\*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS  
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WE ONLY USE



FRESH MEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK

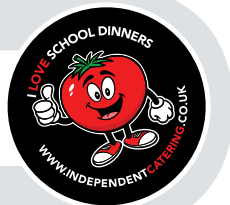


LOCAL FRUIT & VEG



WHOLEMEAL PASTA

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## MONDAY 10 JANUARY

## TUESDAY 11 JANUARY

## WEDNESDAY 12 JANUARY

## THURSDAY 13 JANUARY

## FRIDAY 14 JANUARY



Spaghetti Bolognaise  
with Garlic Bread  
(1, 8, 10)

Shepherd's Pie  
(10)

Roast Gammon  
with Pineapple  
(14)

Sticky BBQ Chicken with  
Savoury Rice  
(14)

Gluten Free Breaded Fish  
(4)



Vegetable Toad in the Hole  
with Cubed Potatoes  
and Gravy  
(1, 7, 8, 9, 14)

Cheese and Tomato Pizza  
(1, 8, 9)

Mushroom, Pepper  
and Pesto Strudel  
(1, 9)

Sweet Potato and  
Spinach Lasagne  
(1, 7, 9, 11)

Mixed Bean and  
Winter Vegetable Wrap  
(1)



Chunky Tomato Pasta  
(1)

Roasted Mediterranean  
Vegetable Pasta  
(1)

Arrabiata Pasta  
(1)

3 Cheese Pasta Bake  
(1, 9, 11)

Tomato and Basil Pasta  
(1)



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Fresh Carrots  
and Green Beans

Cubed Potatoes, Fresh Broccoli  
and BBQ Beans

Roast Potatoes, Fresh Mashed  
Swede and Savoy Cabbage

Fresh Carrots and  
Garden Peas

Chips, Baked Beans  
and Mushy Peas



Strawberry Muffin  
(1, 7)

Banana Loaf  
with Custard  
(1, 7, 9)

Chocolate Sponge with  
Chocolate Sauce  
(1, 7, 9)

Tutti Fruitti Thursday

Fruity Flap Jack  
(1, 14)

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FRESH MEAT



FREE RANGE EGGS



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ORGANIC MILK



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## MONDAY 17 JANUARY

## TUESDAY 18 JANUARY

## WEDNESDAY 19 JANUARY

## THURSDAY 20 JANUARY

## FRIDAY 21 JANUARY



Mild Chicken Curry  
with Rice and Poppadum

Pork Sausage Pinwheel  
(1, 8)

Roast Turkey with  
Yorkshire Pudding  
(1, 7, 9)



100% Cod Fish Fingers  
(1, 4)



Mixed Vegetable Moussaka  
(1, 9, 11)

Cheese and Onion Pinwheel  
(1, 9)

Courgette Bake  
(1)

Crispy Quorn Nuggets  
(1, 7, 9)



Tomato and Basil Pasta  
(1)

Roasted Pepper Twirls  
(1)

Vegetable Bolognese Pasta  
(1)

Boom Batman Burger in a Bun  
(1, 10, 11, 14)

Fresh Pesto Pasta  
(1)



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Venom Vegetarian  
Burger in a Bun  
(1, 8)

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choice of toppings

Harley Quinn Mac n' Cheese  
(1, 9, 11)



Onion Bhaji  
and Green Beans

Cubed Potatoes, Coleslaw (7)  
and Sweetcorn

Roast Potatoes, Roasted  
Butternut Squash and Broccoli

Black Widow Jacket Potatoes  
Wolverine Potato Wedges  
Super Girl Stack your own  
Burger from the Salad Bar  
Dare Devil Baked Beans

Chips, Baked Beans  
and Mushy Peas



Oatie Peach Crumble  
with Custard  
(1, 9)

Tutti Fruitti Tuesday

Apple Pie  
with Custard  
(1, 9)

Aqua Man Chocolate Muffin  
(1, 7)

Lemon Mousse with a  
Shortbread Finger  
(1, 9)

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WE ONLY USE



FRESH MEAT



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MSC FISH



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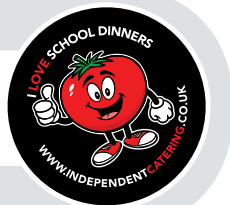


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## MONDAY 24 JANUARY

## TUESDAY 25 JANUARY

## WEDNESDAY 26 JANUARY

## THURSDAY 27 JANUARY

## FRIDAY 28 JANUARY



Chicken Tacos with Rice  
(10)

Bolognaise Pasta Bake  
with Garlic Bread  
(1, 8, 10)

Roast Beef and  
Yorkshire Pudding  
(1, 7, 9)

Meat Feast Pizza  
(1, 8, 9)

Gluten Free Breaded Fish  
(4)



Bean and Vegetable Goulash  
with Mini Dumplings  
and New Potatoes  
(1, 8)

Butternut Squash  
and Leek Risotto  
(10)

Tortilla Quiche  
(1, 7, 9)

Cheese and Tomato Pizza  
(1, 8, 9)

Chickpea and Coriander Burger  
(1)



Mac n' Cheese  
(1, 9, 11)

Tomato and Basil Pasta  
(1)

Mixed Roasted  
Vegetable Pasta  
(1)

Arrabiata Pasta  
(1)

Salmon and Dill Pasta  
(1, 4, 9, 11)



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Roasted Winter Vegetables  
and Sweetcorn

Fresh Cauliflower  
and Broccoli

Roast Potatoes, Mashed Swede  
and Green Beans

Cubed Potato, Chef's Salad  
and Garden Peas

Chips, Baked Beans and  
Mushy Peas



Ginger Sponge  
with Custard  
(1, 7, 9)

Cherry Shortbread  
with Vanilla Sauce  
(1, 9, 14)

Pineapple Upside Down Cake  
with Custard  
(1, 7, 9, 14)

Tutti Fruitti Thursday

Blueberry Muffin  
(1, 7)

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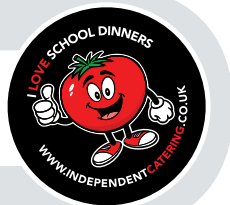


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## MONDAY 31 JANUARY

## TUESDAY 1 FEBRUARY

## WEDNESDAY 2 FEBRUARY

## THURSDAY 3 FEBRUARY

## FRIDAY 4 FEBRUARY



Beef Lasagne  
with Garlic Bread  
(1, 7, 8, 9, 11)

Mexican Style Chicken  
with Savoury Rice

Roast Gammon  
with Pineapple  
(14)

Beef Sausage in a Roll  
(1, 8)

100% Cod Fishfingers  
(1, 4)



Vegetable Biryani  
(10)

Winter Vegetable  
Cottage Pie  
(10)

Winter Vegetable Slice  
(1, 9)

Cheese and Tomato  
Baked Pitta  
(1, 9)

Crispy Quorn Nuggets  
(1, 7, 9)



Chunky Tomato Pasta  
(1)

3 Cheese Pasta  
(1, 9, 11)

Fresh Pesto Pasta  
(1)

Mixed Vegetable  
Ragu Pasta  
(1)

Vegetable Ragu Pasta  
(1)



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Roasted Butternut Squash  
and Green Beans

Fresh Carrots  
and Garden Peas

Roast Potatoes, Fresh Mashed  
Swede and Broccoli

Cubed Potatoes, Braised Onion  
and Sweetcorn

Chips, Chefs Salad and  
Baked Beans



Chocolate Brownie  
Cookie (1, 7)  
with Fruit Wedges

Cinnamon Sponge with  
Butterscotch Sauce  
(1, 7, 9, 14)

Sticky Toffee Apple Crumble  
with Custard  
(1, 7, 9)

Tutti Fruitti Thursday

Orange Oatie Cookie  
(1)

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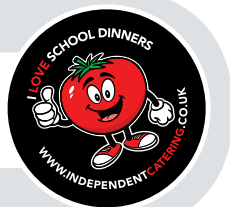


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## TUESDAY 8 FEBRUARY

## WEDNESDAY 9 FEBRUARY

## THURSDAY 10 FEBRUARY

## FRIDAY 11 FEBRUARY



Mild Chilli Beef  
with Rice and Nachos  
(10)

Breaded Chicken Steak  
(1, 7, 9, 10, 14)

Roast Turkey and  
Yorkshire Pudding  
(1, 7, 9)

Pulled Pork with  
a BBQ Sauce  
(14)

Gluten Free Breaded Fish  
(4)



Vegetable Cannelloni Bake  
(1, 9, 11)

Quorn Fillet  
(1)

Cherry Tomato and  
Cheese Flan  
(1, 7, 9)

Spinach, Sweet Potato  
and Lentil Curry with Rice

Mexican Vegetable  
Tortilla Stack  
(1)



Chunky Tomato Pasta  
(1)

Vegetable Bolognaise Pasta  
(1)

Roasted Pepper Spirals  
(1)

Macaroni Cheese  
with a Herby Topping  
(1, 9, 11)

Fresh Pesto Pasta  
(1)



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Fresh Carrots  
and Green Beans

Herby Potatoes,  
Fresh Cauliflower  
and Garden Peas

Roast Potatoes, Fresh Mashed  
Swede and Broccoli

Potato Wedges, Fruity Slaw (7)  
and Sweetcorn

Chips, Baked Beans  
and Mushy Peas



Fruit Sponge  
with Custard  
(1, 7, 9)

Lemon Drizzle Cake  
(1, 7, 9)

Chocolate and Orange  
Chocolate Cake with  
Chocolate Sauce  
(1, 7, 9)

Tutti Frutti Thursday

Fruity Granola Bar  
(1, 14)

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