



# INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask  
All our meals are made daily from fresh locally sourced and seasonal produce from Kent



**DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE**

## MONDAY 21 FEBRUARY

## TUESDAY 22 FEBRUARY

## WEDNESDAY 23 FEBRUARY

## THURSDAY 24 FEBRUARY

## FRIDAY 25 FEBRUARY



Chicken and Tomato  
Pasta Bake  
(1, 9)

Mild Chilli Beef with Nachos  
(10)

Roast Gammon  
with Pineapple

Oven Baked Beef Sausages  
with Gravy  
(1, 8)

Battered Fish  
(1, 4)



Spring Vegetable  
Cottage Pie  
(10)

Sweet Potato  
and Chickpea Samosa  
(1)

Cheese and Leek Pie  
with a Shortcrust Pastry  
(1, 9)

Oven Baked Vegetarian  
Sausages with Gravy  
(1)

Crispy Quorn Nuggets  
(1, 7, 9)



Fresh Pesto Pasta  
(1)

Macaroni Cheese  
(1, 9, 11)

Roasted Pepper Twist  
(1)

Chunky Tomato Pasta  
(1)

Salmon Lasagne with a  
Cheesy Topping  
(1, 4, 7, 9, 11)



Filled Baked Jacket Potato  
Please see our blackboard for  
choice of toppings

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Fresh Carrots  
and Green Beans

Savoury Rice, Roasted  
Mediterranean Vegetables  
and Sweetcorn

Roast Potatoes, Fresh Broccoli  
and Cauliflower

Mashed Potatoes, Fresh Carrots  
and Garden Peas

Chips, Baked Beans  
and Mushy Peas



Peach and Apple Crumble  
with Custard  
(1, 9)

Blueberry Muffin  
(1, 7)

Chocolate Sponge with  
Chocolate Sauce  
(1, 7, 9)

Tutti Frutti Thursday

Oatie Cookie  
(1)

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR**

### ALLERGEN KEY

**1 CEREALS CONTAINING GLUTEN**  
**2 CRUSTACEANS**

**3 MOLLUSCS**  
**4 FISH**

**5 PEANUTS**  
**6 NUTS**

**7 EGGS**  
**8 SOYBEANS**

**9 MILK**  
**10 CELERY**

**11 MUSTARD**  
**12 LUPIN**

**13 SESAME**  
**14 SULPHUR DIOXIDE**

**\*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

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WE ONLY USE



FRESH MEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK

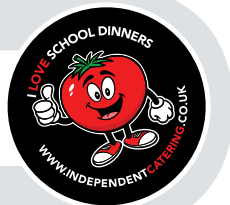


LOCAL FRUIT & VEG



WHOLEMEAL PASTA

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## MONDAY 28 FEBRUARY

## TUESDAY 1 MARCH

## WEDNESDAY 2 MARCH

## THURSDAY 3 MARCH

## FRIDAY 4 MARCH



Mild Chicken Curry with Rice  
and Naan Bread  
(1)

Spaghetti Bolognaise  
with Garlic Bread  
(1, 8)

Chicken Pie with a  
Shortcrust Pastry Topping  
(1)

Swedish Style Pork Meatballs  
with Mashed Potato  
(1, 8)

100% Cod Fishfingers  
(1, 4)



Vegetable Pad Thai  
(1, 7)

Butternut Squash and  
Leek Risotto  
(10)

Broccoli and Cauliflower  
Filled Yorkshire  
(1, 7, 9)

Cheese and Onion Pinwheel  
(1, 9)

Carrot and Chickpea Burger  
(1, 7)



Mac n' Cheese  
(1, 9, 11)

Mediterranean  
Vegetable Pasta  
(1)

Fresh Pesto Pasta  
(1)

Tomato and Basil Twirls  
(1)

Vegetable Bolognaise Pasta  
(1)



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Homemade Onion Bhaji  
and Garden Peas

Roasted Butternut Squash  
and Broccoli

Roast Potatoes, Fresh Carrots  
and Cabbage

Herby New Potatoes,  
Fresh Broccoli and Sweetcorn

Chips, Fruity Slaw (7)  
and Baked Beans



Lemon Sponge  
with Custard  
(1, 7, 9)

Apricot Cupcake  
(1, 7)

Apple and Berry Sponge  
with Custard  
(1, 7, 9)

Tutti Fruitti Thursday

Gingerbread Cookie  
(1)

**AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • FRUITY YOGHURT • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR**

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WE ONLY USE



FRESH MEAT



FREE RANGE EGGS



MSC FISH



ORGANIC MILK



LOCAL FRUIT & VEG



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## MONDAY 7 MARCH

## TUESDAY 8 MARCH

## WEDNESDAY 9 MARCH

## THURSDAY 10 MARCH

## FRIDAY 11 MARCH



BBQ Pulled Chicken  
in a Taco with Rice  
(14)

Shepherd Pie  
(10)

Roast Beef with  
Yorkshire Pudding  
(1, 7, 9)



Breaded Fish  
(1, 4)



Spring Vegetable  
Cottage Pie  
(10)

Cheese and Tomato Pizza  
(1, 8, 9)

Roasted Root Vegetable Bake  
with a Herby Crust  
(1)

Mixed Bean Tortilla Stack  
(1)



Chunky Tomato Pasta  
(1)

Roasted Pepper Spirals  
(1)

Vegetable Ragu Pasta  
(1)

## JUNGLE DAY

Bengal Tiger Chicken Steak  
(1, 7, 9, 10, 14)

Arrabiata Pasta  
(1)



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One Horned Rhino  
Crispy Quorn Nuggets  
(1, 7, 9)

Filled Baked Jacket Potato  
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3 Toed Sloth Cheese Pasta  
(1, 9, 11)

Gorilla Jacket Potato with a  
Choice of Toppings

Jaguar Potato Wedges  
Chimpanzee Fresh Carrots  
and Garden Peas

Elephant Chocolate Cookie  
(1)

Chips, Baked Beans  
and Mushy Peas



Fresh Broccoli  
and Sweetcorn

Cubed New Potatoes,  
Fresh Carrots and  
Chef's Green Salad

Roast Potatoes, Fresh Mashed  
Swede and Green Beans



Mixed Berry Sponge  
with Custard  
(1, 7, 9)

Tutti Fruitti Tuesday

Marble Sponge  
with Custard  
(1, 7, 9)

Fruit Wedges with a Lemon  
Shortbread Finger  
(1)

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## MONDAY 14 MARCH

## TUESDAY 15 MARCH

## WEDNESDAY 16 MARCH

## THURSDAY 17 MARCH

## FRIDAY 18 MARCH



Mexican Style Chicken  
Enchilada with Rice  
(1, 9)

Beefburger in a Bun  
(1, 10, 11, 14)

Roast Turkey and  
Yorkshire Pudding  
(1, 7, 9)

Beef Lasagne  
with Garlic Bread  
(1, 7, 8, 9, 11)

100% Cod Fishfingers  
(1, 4)



Bean and Vegetable Goulash  
with Cous Cous  
(1)

Vegetarian Burger in a Bun  
(1, 8)

Tomato and  
Caramelised Onion Tart  
(1, 7, 9)

Vegetable Byriani  
(10)

Cheese and Tomato Baked Pitta  
(1, 9)



Macaroni Cheese  
(1, 9, 11)

Mixed Roasted  
Vegetable Pasta  
(1)

Chunky Tomato Pasta  
(1)

Fresh Pesto Pasta  
(1)

Vegetable Bolognaise Pasta  
(1)



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Fresh Carrots  
and Green Beans

Oven Baked Potato Wedges,  
Stack a Burger Salads,  
Garden Peas

Roast Potatoes, Fresh Cabbage  
and Carrots

Fresh Broccoli  
and Sweetcorn

Chips, Baked Beans and  
Mushy Peas



Apple and Banana Crumble  
with Custard  
(1, 7, 9)

Cinnamon Sponge with  
Butterscotch sauce  
(1, 7, 9, 14)

Chocolate Brownie (1, 7)  
with Fruit Wedges

Tutti Fruitti Thursday

Fruity Flapjack  
(1, 14)

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## WEDNESDAY 23 MARCH

## THURSDAY 24 MARCH

## FRIDAY 25 MARCH



Mild Beef Curry  
with Poppadum

Chicken Meatballs in a  
Herby Tomato Sauce  
with Spaghetti  
(1, 8)

Roast Gammon  
with Pineapple  
(14)

Beef Sausage Toad in the Hole  
with Gravy  
(1, 7, 8, 9)

Battered Fish  
(1, 4)



Homemade Vegetable  
Spring Roll  
(1)

Mixed Bean Chilli with Rice  
(10)

Leek, Squash and  
Parsley Crumble  
(1, 9)

Vegetarian Sausage Toad in  
the Hole with Gravy  
(1, 7, 9)

Mixed Bean Pastry  
(1)



3 Cheese Pasta  
(1, 9, 11)

Roasted Vegetable Spirals  
(1)

Mediterranean  
Vegetable Pasta  
(1)

Chunky Tomato Pasta  
(1)

Salmon and Pea Pasta  
(1, 4, 9)



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Rice, Fresh Broccoli  
and Sweetcorn

Roasted Butternut Squash  
and Garden Peas

Roast Potatoes, Fresh Broccoli  
and Roasted Root Vegetables

Mashed Potatoes, Fresh Carrots  
and Green Beans

Chips, Mushy Peas and  
Baked Beans



Mandarin Sponge  
with Custard  
(1, 7, 9)

Mixed Berry Cheesecake  
(1, 8, 9)

Apple Cake with a Crunchy  
Topping and Custard  
(1, 7, 9)

Tutti Fruitti Thursday

Strawberry Muffin  
(1, 7)

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FRESH MEAT



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MSC FISH



ORGANIC MILK

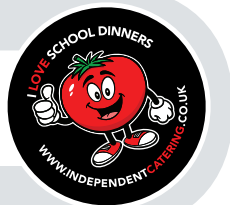


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## MONDAY 28 MARCH



Bolognaise Pasta Bake  
with Garlic Bread  
(1, 8, 9)



Spinach and Chickpea Curry  
with Rice  
(10)



Fresh Pesto Twirls  
(1)



Filled Baked Jacket Potato  
Please see our blackboard for  
choice of toppings



Fresh Broccoli  
and Sweetcorn



Peach Sponge  
with Custard  
(1, 7, 9)

## TUESDAY 29 MARCH

Sweet and Sour Chicken with  
Noodles and Prawn Cracker  
(1, 2, 7, 8, 14)

Italian Bean Stew  
with Dumplings  
(1)

Mac n' Cheese  
(1, 9, 11)

Filled Baked Jacket Potato  
Please see our blackboard for  
choice of toppings

Fresh Stir Fry Vegetables  
and Green Beans

Steamed Jam Sponge  
with Custard  
(1, 7, 9)

## WEDNESDAY 30 MARCH



Roast Beef with  
Yorkshire Pudding  
(1, 7, 9)

Mushroom, Pepper and  
Pesto Strudel  
(1)

Chunky Tomato Pasta (1)

Jacket Potato with a  
Choice of Toppings

Roast Potatoes, Fresh Broccoli  
and Carrots

Easter Cupcake  
(1, 7)

## THURSDAY 31 MARCH

Meat Feast Pizza  
(1, 8, 9)

Cheese and Tomato Pizza  
(1, 8, 9)

Vegetable Bolognaise Pasta  
(1)

Filled Baked Jacket Potato  
Please see our blackboard for  
choice of toppings

Herby New Potatoes,  
Coleslaw (7) and Garden Peas

Tutti Frutti Thursday

## FRIDAY 1 APRIL

Breaded Fish  
(1, 4)

Mixed Bean  
and Rice Wrap  
(1)

Roasted Pepper Spirals  
(1)

Filled Baked Jacket Potato  
Please see our blackboard for  
choice of toppings

Chips, Baked Beans  
and Mushy Peas

Oatie Orange Cookie  
(1)

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