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Thursday 18th May

Dear Year 5 Families,

In line with our Personal, Social and Health Education (PSHE) curriculum, Year 5 will be taking part in further Healthy Bodies and Safe Relationships lessons on Tuesday 13th June and Tuesday 11th July 2023. We will be learning about different types of relationships in our lives and how privacy and boundaries are important. We will also cover the processes of reproduction and birth as a part of the human life cycle. These will be knowledge based lessons with time for the children to ask questions. Please see below an outline of the content of the lessons:

- -to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction
- -to recognise that there are different types of relationships (e.g. friendships, family relationships, romantic relationships, online relationships)
- -that people may be attracted to someone emotionally, romantically and sexually; that people may be attracted to someone of the same sex or different sex to them
- -about marriage and civil partnership as a legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong
- -that people who love and care for each other can be in a committed relationship (e.g. marriage), live together, but may also live apart
- -that a feature of positive family life is caring relationships; about the different ways in which people care for one another
- -to recognise and respect there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents); that families of all types can give family love, security and stability
- -about privacy and personal boundaries; what is appropriate in friendships and wider relationships (including online)
- -about the processes of reproduction and birth as a part of the human life cycle; how babies are conceived and born (and that there are ways to prevent a baby being made; how babies need to be cared for

If you feel you would rather your child **not** be present in the class during these lessons after the holidays, please contact one of the Year 5 teachers by sending an email before Friday 9th June 2023 to:

Mr Abel: tom.abel@chiltonprimary.co.uk

Miss Hayzelden: alicia.hayzelden@chiltonprimary.co.uk

Mr Mason: sean.mason@chiltonprimary.co.uk

Yours sincerely,

Year 5 teachers (Mr Mason, Miss Hayzelden and Mr Abel)

‘One Childhood One Chance’

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