



Understanding Your Child's Behaviour

PARENT/CARER COURSE

Would you like to understand more about what impacts your child's behaviour?

Would you like to improve communication between you and your child?

Would you like to learn tools to help your child manage their feelings?

Would you like to learn ways to promote positive behaviours in your child?



The Emotional Wellbeing Team are offering a parent course on 'Understanding your Child's Behaviour' which can help with all these areas.

The aim of the course is to provide parents and carers with evidence-based strategies to promote a positive relationship with their child and to address any concerning behaviours. The course runs for 6 sessions and aims to be a supportive space where parents and carers can learn from each other.

If you are interested in this course, please contact your child's school and ask to complete a Request for Support Form.

